

Family Help School and Community Practitioner

Hello, my name is Natalie, and I am your school's Family Help School and Community Practitioner. I will be working in your school and within your community to offer a range of advice and support to families with any worries or questions they may have.



Visit my drop-in session for a range of advice, tips, and resources to support you and your family.

- Understanding your child's feelings and behaviours.
- Supporting your child's emotional health
- Find out about other services that are available to support you.

We are here to offer support early, before worries grow and become harder to manage

You can find me at Howden Family Hub (Children's Centre) weekly on the following dates and times:

- Tuesday 2nd June 2pm-5pm
- Tuesday 9th June 9am-12noon
- Tuesday 16th June 2pm-5pm
- Tuesday 23rd June 2pm-5pm
- Tuesday 30th June 9am-12noon
- Tuesday 7th July 2pm-5pm
- Tuesday 14th July 2pm-5pm
- Tuesday 21st July 9am-1pm
- Tuesday 28th July 1pm-5pm
- Tuesday 4th August 9am-1pm
- Tuesday 18th August 9am-1pm
- Tuesday 25th August 1pm-5pm
- Tuesday 1st September 9am-1pm

Please contact the Howden Family Hub on 01482 395220 to book an appointment (Face to Face or telephone conversation)



**Best Start
Family Hub**
For Children, Young People
and Families



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