



Eastrington Primary School Long Term Plan

Cycle A						
Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer2
Discovery FS2	In the Early Years, we teach children PSED (PSHE) through daily Circle Time games, practical problem-solving tasks and role play which are carefully chosen in line with our whole class topics which are changed half termly to suit the interests/needs of our pupils. We encourage learning by ensuring pupils have access to activities that allow them to play and explore, develop a positive sense of self through setting simple goals, actively learn both independently and cooperatively with others and critically problem solve, we do this by teaching children to look after themselves and others, build resilience and all whilst working together towards achieving the Early Learning Goal at the end of the year: <u>Early Learning Goal- Personal, Social and Emotional Development:</u> Children use their own understanding of feelings to regulate behaviour accordingly, in turn controlling immediate impulses and becoming patient individuals. Children represent themselves as kind and caring individuals who can explain the reasons for rules and know right from wrong. The children show sensitivity to their own and others' needs. They face challenge with resilience and perseverance. Through such perseverance, the children are able to give focused attention to what the teacher says, giving responses that are appropriate and meaningful. The children take care of themselves by managing their own basic hygiene and personal needs, including toileting, making healthy food choices and dressing/undressing.					
Atlantis Yr1 and 2	<u>You, Me and PSHE</u> Physical Health and Well-Being Fun Times	<u>You, Me and PSHE</u> Keeping Safe and Managing Risk Feeling Safe	<u>You, Me and PSHE</u> Identity, Society and Equality Me and others	<u>You, Me and PSHE</u> Drug, alcohol and tobacco education What we put into and on our bodies	<u>You, Me and PSHE</u> Mental Health and Emotional Well-Being Feelings	<u>You, Me and PSHE</u> Careers, financial capability and economic well-being My Money
Enterprise Yr3 and 4	<u>You, Me and PSHE</u> Drug, alcohol and tobacco education Tobacco is a drug	<u>You, Me and PSHE</u> Keeping safe and managing risk Bullying – see it, say it, stop it	<u>You, Me and PSHE</u> Mental health and emotional well-being Strengths and challenges	<u>You, Me and PSHE</u> Identity, society and equality Celebrating difference	<u>You, Me and PSHE</u> Careers, financial capability and economic wellbeing Saving, spending and budgeting	<u>You, Me and PSHE</u> Physical Health and wellbeing What helps me choose?
Endeavour Yr5 and 6	<u>You, Me and PSHE</u> Physical health and wellbeing In the media (Y5)	<u>You, Me and PSHE</u> Identity, society, and equality Human rights (Y6)	<u>You, Me and PSHE</u> Keeping safe and managing risk Making safer choices (Y5)	<u>You, Me and PSHE</u> Mental health and emotional wellbeing Healthy minds (Y6)	<u>You, Me and PSHE</u> Drug, alcohol and tobacco education Different influences (Y5)	<u>You, Me and PSHE</u> Careers, financial capability and economic wellbeing Borrowing and earning money (Y5)

Cycle B

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer2
Discovery FS2	In the Early Years, we teach children PSED (PSHE) through daily Circle Time games, practical problem-solving tasks and role play which are carefully chosen in line with our whole class topics which are changed half termly to suit the interests/needs of our pupils. We encourage learning by ensuring pupils have access to activities that allow them to play and explore, develop a positive sense of self through setting simple goals, actively learn both independently and cooperatively with others and critically problem solve, we do this by teaching children to look after themselves and others, build resilience and all whilst working together towards achieving the Early Learning Goal at the end of the year: Early Learning Goal- Personal, Social and Emotional Development: Children use their own understanding of feelings to regulate behaviour accordingly, in turn controlling immediate impulses and becoming patient individuals. Children represent themselves as kind and caring individuals who can explain the reasons for rules and know right from wrong. The children show sensitivity to their own and others' needs. They face challenge with resilience and perseverance. Through such perseverance, the children are able to give focused attention to what the teacher says, giving responses that are appropriate and meaningful. The children take care of themselves by managing their own basic hygiene and personal needs, including toileting, making healthy food choices and dressing/undressing.					
Atlantis Yr1 and 2	<u>You, Me and PSHE</u> <u>Physical health and wellbeing</u> What keeps me healthy?	<u>You, Me and PSHE</u> <u>Mental health and emotional wellbeing</u> Friendship	<u>You, Me and PSHE</u> <u>Relationships and Health Education</u> Boys and girls, families	<u>You, Me and PSHE</u> <u>Relationships and Health Education</u> Boys and girls, families	<u>You, Me and PSHE</u> <u>Keeping Safe and Managing Risk</u> Indoors and Outside	<u>You, Me and PSHE</u> <u>Drug, alcohol and tobacco education</u> Medicines and me
Enterprise Yr3 and 4	<u>You, Me and PSHE</u> <u>Identity, society and equality</u> Democracy	<u>You, Me and PSHE</u> <u>Drug, alcohol and tobacco education</u> Making choices	<u>You, Me and PSHE</u> <u>Physical health and wellbeing</u> What is important to me?	<u>You, Me and PSHE</u> <u>Keeping safe and managing risk</u> Playing safe	<u>You, Me and PSHE</u> <u>Relationships and health education</u> Growing up and changing	<u>You, Me and PSHE</u> <u>Relationships and health education</u> Growing up and changing
Endeavour Yr5 and 6	<u>You, Me and PSHE</u> <u>Relationships and Health Education</u> Healthy relationships (Y6)	<u>You, Me and PSHE</u> <u>Relationships and Health Education</u> Healthy relationships (Y6)	<u>You, Me and PSHE</u> <u>Drug alcohol and tobacco education</u> Weighing up risks (Y6)	<u>You, Me and PSHE</u> <u>Identity, society and equality</u> Stereotypes, discrimination and prejudice (Y5)	<u>You, Me and PSHE</u> <u>Mental health and emotional wellbeing</u> Dealings with feelings (Y5)	<u>You, Me and PSHE</u> <u>Keeping safe and managing risk</u> Keeping safe - out and about (Y6)